

**19<sup>th</sup> Sunday after Pentecost (Tone 2)**  
**Great-Martyr Theodore of Chaldia**  
**2 Corinthians 11: 31 – 12: 9      Luke 6: 31 – 36**

**Beatitude Verses**

6 from Octoechos for Resurrection  
4 from Ode 3, from Menaion for Saint

***People:*** In Your kingdom remember us, O Lord, when You come into Your kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
Blessed are those who mourn, for they shall be comforted!  
Blessed are the meek, for they shall inherit the earth!

**Reader:** O Savior, we offer You the cry of the robber, and we pray: Remember us in Your kingdom.

***People:*** Blessed are those who hunger and thirst after righteousness, for they shall be filled!

**Reader:** For the forgiveness of transgressions we offer to You the Cross which You accepted for our sake, O You who loves mankind.

***People:*** Blessed are the merciful, for they shall obtain mercy!

**Reader:** O Master, we bow down in worship before Your burial and rising, whereby You have rescued the world from corruption, O You who loves mankind.

***People:*** Blessed are the pure in heart, for they shall see God!

**Reader:** O Lord, by Your death has death been slain, and by Your resurrection You have saved the world, O Savior.

***People:*** Blessed are the peacemakers, for they shall be called children of God!

**Reader:** Risen from the tomb, You met the myrrh-bearing women; and You told Your disciples to announce Your arising.

***People:*** Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of Heaven!

**Reader:** Upon seeing You, O Christ the Light, those who slept in darkness, in the nethermost parts of Hades, were raised from the dead.

***People:*** Blessed are you when people revile you, persecute you, and say all kinds of evil against you falsely for my sake!

**Reader:** O Theodore, through blessed inscrutability, you wounded Belial that snake. You were made worthy by yielding to martyrdom for the glory of God, O holy one chanting: You have raised up our power. Holy are You, O Lord.

**People:** Rejoice, and be exceedingly glad, for great is your reward in heaven!

**Reader:** O discerning Gavras Theodore, you gladly gave up the temporal world, knowing that your noble flesh was but earthly and passing, yearning to yield to martyrdom for Christ and chanting: You have raised up our power. Holy are You, O Lord.

**People:** **Glory** to the Father, and to the Son, and to the Holy Spirit.

**Reader:** Your torturers were wounded in heart, as your flesh was offered in martyrdom to Christ who with the Father is without beginning. With you we cry: You have raised up our power. Holy are You, O Lord.

**People:** **Now** and ever, and to the ages of ages. Amen.

**Reader:** O Theotokos, in a manner past nature, you alone have become the mediatrix of blessings for those on Earth. Therefore, we cry out to you: Rejoice!

### ***Troparia & Kontakia***

#### **Resurrection Troparion Tone 2**

**People:**  
When You descended into the realm of death O Life Immortal,  
You struck Hades dead with the lightning of Your Divinity,  
And when You also raised the dead from the deepest depths,  
All the Heavenly Powers cried out:  
O Christ our God, the Giver-of-Life, glory to You!

#### **Troparion of St Theodore Tone 4**

**People:**  
With the wisdom of your words and with a brave spirit, /  
you firmly confessed Christ to the unbelievers; /  
therefore O glorious Theodore we honour you. /  
Your whole body was dismembered /  
and thrown into the furnace as a sacrifice to Christ, /  
therefore we entreat you //  
to intercede for our souls.

**People:** Glory to the Father, and to the Son, and to the Holy Spirit.

**Kontakion of St Theodore  
Tone 3**

**People:**

We praise your God-pleasing struggle and martyrdom, /  
and by your valiant endurance you glorified Christ. /  
Bravely, you endured dismemberment /  
and because you confessed Christ you were thrown into the furnace, /  
Therefore you became worthy to be glorified by the Word, //  
O Martyr Theodore.

**People:** Now and ever and to the ages of ages. Amen.

**Kontakion of the Resurrection  
Tone 2**

**People:**

You arose from the tomb, O omnipotent Savior, /  
and Hades was terrified seeing this wonder; /  
and the dead arose, /  
and at this sight creation rejoices with You. /  
Adam also is joyful, //  
and the world praises You forever O my Savior.

**Resurrection Prokeimenon  
Tone 2**

**Deacon:** Let us attend.

**Priest:** Peace be to all.

**Reader:** And to your spirit.

**Deacon:** Wisdom!

**Reader:** The Prokeimenon in the 2nd Tone: The Lord is my strength and my song,  
and He became my salvation.

**People:** The Lord is my strength and my song, and He became my salvation.

**Reader:** The Lord chastened and corrected me, but He did not give me up to death.

**People:** The Lord is my strength and my song, and He became my salvation.

**Reader:** The Lord is my strength and my song.

**People:** And He became my salvation.

**Deacon:** Wisdom!

**Reader:** The Reading is from the Second Epistle of the Holy Apostle Paul to the Corinthians.

**Deacon:** Let us attend.

### **Epistle**

#### **2 Corinthians 11: 31 – 12: 9**

**Reader:** Brethren, the God and Father of our Lord Jesus Christ, He who is blessed to the ages, knows that I do not lie. In Damascus, the governor of King Aretas guarded the city, desiring to arrest me. But I was let down in a basket along the wall through a window, and this is how I escaped from his hands. Without a doubt, it is not profitable for me to boast, but I will now discuss visions and revelations from the Lord. I know a man in Christ who fourteen years ago was caught up into the third heaven (whether it was in the body, I do not know, or whether out of the body, I do not know; God knows). Yes, I know such a man (whether in the body, or outside of the body, I do not know; God knows), how he was caught up into Paradise, and heard ineffable words, which it is not lawful for anyone to utter. On behalf of such a person, I will boast, but on my own behalf I will not boast, except in my weaknesses. If my intention is to boast, I will not be foolish: I will speak the truth. But now, I shall stop, so that no one may think more of me than what is seen in me or heard from me. Because of the tremendous greatness of these revelations, a thorn in the flesh was given to me, a messenger of Satan that torments me, so that I would not be too exalted. Concerning this thing, I begged the Lord three times that it might depart from me, but He replied to me, "My grace is sufficient for you, for My power is made perfect in weakness." And so, it is with joy that I would rather find glory in my weaknesses, so that the power of Christ may rest on me.

**Priest:** Peace be to you the reader.

**Reader:** And to your spirit.

**Deacon:** Wisdom!

### **Alleluiarion Tone 2**

**Reader:** Alleluia in the 2nd Tone.

**People:** Alleluia, alleluia, alleluia.

**Reader:** May the Lord hear you in the day of affliction; may the name of the God of Jacob defend you.

**People:** Alleluia, alleluia, alleluia.

**Reader:** O Lord, save Your King, and hear us in the day we call upon You.

**People:** Alleluia, alleluia, alleluia.

### **Gospel**

**Deacon:** Bless Master, him who proclaims the Holy Gospel of the Holy, Apostle and Evangelist Luke.

**Priest:** May God, through the intercessions of the holy, glorious, all praised Apostle and Evangelist Luke, enable you to proclaim the Good News with great power, for the fulfillment of the Gospel of His Beloved Son, our Lord Jesus Christ.

**Deacon:** Amen.

**Priest:** Wisdom! Arise! Let us listen to the Holy Gospel. Peace be to all.

**People:** And to your spirit.

**Deacon:** The Reading is from the Holy Gospel according to Saint Luke.

**People:** Glory to You, O Lord, glory to You.

**Priest:** Let us attend.

**Deacon:** **Luke 6: 31 – 36**

**People:** Glory to You, Lord, glory to You.

### **Communion Verse (Koinonikon)**

**People:**  
**Sunday:** Praise the Lord in the heavens, praise Him in the highest!

**Martyrs:** O you righteous, rejoice in the Lord; praise is worthy for the upright.

Alleluia, Alleluia, Alleluia.